

Spring Lake Park

PARKS AND REC

Programs, Events & Highlights
January - May

Winter 2026

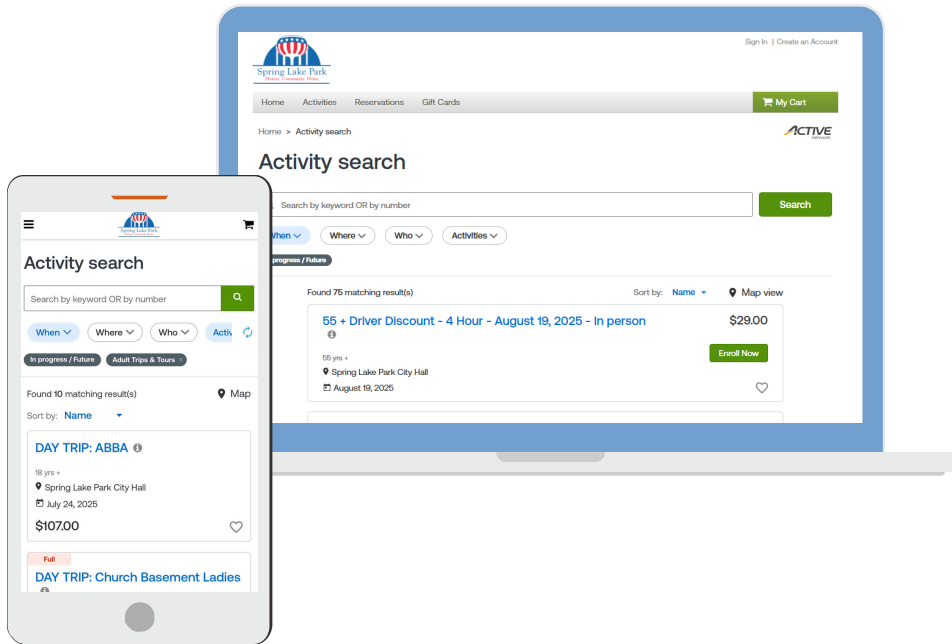


Spring Lake Park Recreation
1301 81st Ave NE, Spring Lake Park, MN 55432
Hours: Monday - Friday, 8:00 AM - 4:30 PM
slprec.org/parksrec | 763-792-7201 | recinfo@slpmn.org

Scan here to
register for
programs!



Registration Begins:



Program Registration



HOW TO REGISTER

- **ONLINE:** Visit our website at slprec.org and click "Registration". To register online you must have an account for you and/or your family.
- **VIA PHONE:** Call us at 763-792-7201 between 8:00 AM and 4:30 PM, Monday - Friday. Payment is due at time of registration.
- **IN-PERSON:** Stop by the Parks and Recreation window located in Spring Lake Park City Hall during business hours.
- **BY MAIL:** Mail your completed registration form and payment to:
Spring Lake Park - Parks & Recreation
1301 81st Ave NE
Spring Lake Park, MN 55432



REGISTRATION DEADLINES

Registration deadlines are established for each class to help ensure appropriate staffing, supplies and facilities to meet registration needs. Please refer to the program descriptions for each program registration deadline. If no registration deadline is listed, the deadline is seven days before program begins.

Inside this issue:

Park Reservations	4
Family Events	5
Youth Adventures & Outings	6
Youth Dance & Tumbling	7
Youth Enrichment Classes & Activities	8-9
Youth Sports	10-11
Adult Sports and Fitness	12-14
Adult Enrichment Classes	15-17
Adult Day Trips and Extended Tours	19-21
Community	22-23
Senior	23
Tower Days Information	24

Parks and Recreation Contact Information

Parks & Recreation
1301 81st Avenue NE
Spring Lake Park, MN 55432

Hours
Monday-Friday: 8:00 AM-4:30 PM

Recreation Office

Phone: 763-792-7201

Fax: 763-792-7257

Email: recinfo@slpmn.org

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Adult Program Supervisor

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Parks and Recreation Director

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Outdoor Ice Rinks



Ice skating rinks are typically open from late December through mid-February, weather permitting. For current conditions, contact the Parks and Recreation Department.

Rink Locations

- **Able Park** – 8200 Able Street
Skating rink & hockey rink.
Lights: Dusk–10:00 PM.
- **Terrace Park** – 79th Ave & Terrace Road
Hockey rink. Lights: Dusk–10:00 PM.
- **Sanburnol Park** – 520 Sanburnol Drive
General ice-skating rink (no lights).

Please dress warmly - no warming houses are available at rink locations

Free Equipment Checkout – SLP City Hall

Our Free Equipment Program at City Hall makes it easy for the whole family to get outside. Borrow skates or snowshoes during open hours—and keep them for multiple days of snowy adventures!

- Skates: Limited sizes available.
- Snowshoes: A variety of sizes to fit kids through adults.

Hours & Closures

- Rinks may close for maintenance or when weather conditions make ice unsafe.
- Do not skate on closed rinks.
- No dogs allowed on rinks

Help Keep Rinks in Great Shape

Our crews work hard to maintain quality ice, but heavy snowfall can build up quickly. If you skate, please help by shoveling snow off the ice and over the boards. Snow piled against the boards can freeze and shrink the skateable area.

Thank you for helping us keep SLP rinks safe and fun for everyone!

Earth Day Clean up

Saturday, Apr 25, 2026

Join us this year!
City wide Earth Day Clean-Up service event.



Participation is entirely free, and prior registration is not necessary.

- Check-in Location: Able Park Building (8200 Able St. NE)
- Earth Day Clean-up will take place from 9:00 AM to 11:00 AM.

Volunteers will receive bags and will choose a designated area in the city for cleanup.

Employment

Looking for a fun, flexible, and rewarding part-time job? The City of Spring Lake Park is hiring for summer and seasonal positions that make a difference in the community!

Now Hiring For:

Able Park Summer Program Staff

- Lead games, crafts, and outdoor fun for kids in a supportive team environment

Youth Sports Officials

- Umpire youth games and/or help coach teams

Facility Supervisors

- Facilitate rentals at City Hall or Able Park

Summer Public Works Employees

- Work outdoors with our Public Works team on parks, streets, and maintenance projects

Email recinfo@slpmn.org for more information!

WELCOME



Welcome Patrice Holter to Spring Lake Park!

Patrice Holter, brings over 25 years of dynamic experience in activities, events, communications, education, and health. She's passionate about building community and creating memorable experiences and now she's bringing that energy to Spring Lake Park!

Outside of work, Patrice loves the outdoors, especially walking her two whistle-trained pups, Archie and Winston, playing pickleball, being on the water, or feeling fresh snow on her face. You may find her repurposing finds or reliving history through antique shops. She also enjoys winding down with a warm beverage, a bit of chocolate, and good media.

That's not all; Patrice builds cabins! Her side hustle in Wisconsin offers cozy vacation rental cottages and a chance to meet fellow nature lovers who appreciate the peaceful retreat she and her family crafted.

She shares life's adventures with her husband and biggest fan, Drake, and is a proud stepmom to adult sons Max and Taylor. A recent highlight; traveling through Greece, Croatia, and Italy! We're excited to have Patrice on the team - she's thrilled to be here and can't wait to connect with the community!





Reserve a Space in Spring Lake Park, MN

From indoor meetings to outdoor celebrations, Spring Lake Park offers flexible, affordable rental spaces for every occasion. Whether you're hosting a birthday party, family reunion, community meeting, or sporting event, we have the perfect space for you.

City Hall Community Rooms

Located at Spring Lake Park City Hall, these rooms are ideal for meetings, trainings, clubs, and small to medium gatherings:

- **Spring Room** – Bright, multi-purpose space for larger meetings and celebrations.
- **Laddie Room** – Comfortable mid-size option for trainings or small parties.
- **Sunrise Room** – Cozy space for small meetings, consultations, or craft groups.

Amenities (vary by room): tables/chairs, presentation wall/TV, Wi-Fi, adjacent restrooms, and convenient parking.

Able Park Building

One of our most popular rental facilities, perfect for gatherings big or small.

Capacity & Amenities:

- Standing: up to 90 | Seated: up to 40
- 5 rectangular tables, 10 round tables, 40 chairs
- Kitchenette, restrooms, and climate control
- Adjacent to playground, walking paths, volleyball courts, skating area and green space

Perfect for: Birthday parties, graduation open houses, reunions, showers, and organizational events.

Other Rentable Park Shelters & Spaces

Picnic Shelters

- **Able Park Shelter** – Near playground and open space (2 picnic tables)
- **Terrace Park East Shelter** – Close to ballfields (3 picnic tables)
- **Terrace Park West Shelter** – Larger shelter near volleyball courts (4 picnic tables)
- **Westwood Park Shelter** – Shaded area near open lawn (2 picnic tables)
- **Triangle Memorial Park Gazebo** – Charming outdoor setting for small gatherings (seats ~10)

Athletic Facilities for Rent

- **Softball Fields** – Able, Terrace, Sanburnol, Westwood, and Lakeside Lions Parks
- **Volleyball Courts** – Able, Terrace, and Lakeside Lions Park
- **Football Field** – Terrace Park only
- **Hockey Rinks / Ice Skating** – Able, Terrace, and Sanburnol Parks
- **Tennis/Pickleball Courts** – Terrace Park

Rates & Fees (Resident / Non-Resident)

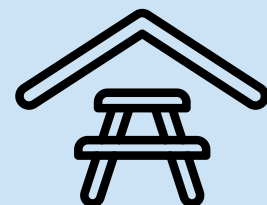
- **Room & Shelter Fees** vary by space, date, and residency status (resident/non-resident).
- **Damage/Cleaning Deposits** may apply and are refundable if all policies are met.
- **Payment** is due at booking to hold your date.
- Additional fees for lights, field lining, or special requests

How to Reserve

1. **Online:** Visit slprec.org → Parks & Facilities → Reservations/Permits
2. **By Phone:** Call 763-792-7201 (Mon–Fri, 8:00 AM–4:30 PM)
3. **In Person:** Spring Lake Park City Hall – Recreation Department

Lakeside Lions Park

- Lakeside Lions Park rentals are handled by Mounds View Parks & Recreation (763-717-4040).



Family Events

A winter-themed graphic for a 'Snow Day' event. It features snowflakes, pine branches, and illustrations of winter gear like earmuffs, gloves, and ice skates. The text is centered and festive.

FREE!

family

SNOW DAY

SATURDAY, JAN 24 | 1:30-3:30 PM
ABLE PARK - 8200 ABLE ST. NE

Get ready for a flurry of fun at Able Park! Join us for an afternoon of winter magic, where the snow is sparkling and the good times are guaranteed.

Winter crafts | Festive tunes | Sweet treats
Hot cocoa | Skating | Snowshoeing

Enjoy a free, family-friendly winter event with crafts, skating, and plenty of fun.

A pink and white checkered graphic for a 'Sweetheart Dance' event. It features three hearts of different sizes, some with a checkered pattern. The text is in a mix of bold, cursive, and sans-serif fonts.

PLEASE JOIN US FOR A

Sweetheart Dance

Wednesday, Feb 11 | 5:30-7:30 PM
Location: TBD

Presented by SLP Recreation, Spring Lake Park Schools & the SLP Lions Club

Cost: \$8 per pair | \$4.00 each additional participant

Celebrate love, laughter, and family fun at the Parent/Grandparent + Child Sweetheart Dance.

Event Highlights:

- Family-friendly music and dancing
- Crafts, snacks, & time together
- Take-home swag bag for each child
- Casual or formal attire welcome

Spots are limited—register early for a night to remember!

A light blue and white graphic for a 'Snow Buddy Scavenger Hunt' event. It features snowflakes and a snowman wearing a hat and scarf. The text is in a mix of bold, sans-serif, and cursive fonts.

Spring Lake Park

SNOW BUDDY
Scavenger Hunt

Monday, Feb 23 - Friday, Feb 27

Snow Buddy Hunt - A Frosty Family Adventure!

Our sneaky Snow Buddy is on the move. It's up to YOU to find Buddy!

In this fun winter hunt, participants will receive daily clues on Facebook about which of our Spring Lake Park City Parks Snow Buddy is hiding in. Once you crack the clue and find him:

- Snap a selfie with Snow Buddy
- Post it to our Facebook page
- You will be entered into a drawing to win a gift card to a local grocery store.

The best part? The more times you find Snow Buddy, the more entries you earn! (1 entry per day) So bundle up, grab your clue, and hit the parks for some snowy fun and a chance to win!

Let the chilly challenge begin—can you catch Snow Buddy before they sneak off to the next park?

A colorful graphic for an 'Easter Egg Hunt' event. It features a blue bunny, a yellow bunny, and various flowers. The text is in a mix of bold, sans-serif, and cursive fonts.

HOP INTO FUN!

EASTER EGG HUNT

SATURDAY, MARCH 28 | NOON
LAKESIDE LIONS PARK
7840 PLEASANT VIEW DR

FREE!

Sponsored by the Spring Lake Park Lions Club

Every child will receive a special bag to collect eggs *no outside baskets or bags, please! **Note:** No parking inside the park. Please allow time to park, sign in, and find your child's hunt area.

Sign-in runs from 12:00 PM – 12:15 PM
Hunt Times by Age Group:

Ages 2-4: 12:30 PM
Ages 5-7: 12:50 PM
Ages 8-12: 1:10 PM

Enjoy springtime fun and sweet surprises.

Able Park Adventurers

Our Able Park Adventurers program is expanding to **full-day sessions** this year, which is perfect for active kids and busy families.

Program Information Night:

Date: February 4, 2026

Time: 6:00 PM

Location: Able Park

Join us to meet the staff, discover more about the program and its pricing, and get answers to your questions.

Registration Opens

Monday, February 9, 2026 at 9:00 AM
Spots will fill quickly – mark your calendar

Program Details

- Program hours: 8:30 AM – 4:30 PM
- Optional Early Care: 7:30 AM – 8:30 AM
- Optional Late Care: 4:30 AM - 5:00 PM (additional fees apply for optional care)

Important Information

- \$25 non-refundable deposit is required per week.
- A credit card on file is necessary for billing two weeks before sessions.
- Families paying in full for the entire summer in advance receive a 5% discount.

Full details will be available at the Program Information Night on February 4.

Spring Break Adventurers

Spring Break just got exciting! Join us for a week of games, crafts, hands-on STEM activities, and outdoor play. Kids ages 6–12 will explore, create, learn, and make new friends along the way. Each day brings something new to discover—come ready for adventure! Please pack an allergy friendly lunch and a water bottle for the day.

Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
6-12	Mon	Mar 9	9:00 AM - 4:00 PM	\$35	Mar 2
6-12	Tue	Mar 10	9:00 AM - 4:00 PM	\$35	Mar 3
6-12	Wed	Mar 11	9:00 AM - 4:00 PM	\$35	Mar 4
6-12	Thu	Mar 12	9:00 AM - 4:00 PM	\$35	Mar 5
6-12	Fri	Mar 13	9:00 AM - 4:00 PM	\$35	Mar 6

PARENTS NIGHT OUT

Take the night off — you've earned it!

Drop off your kids at the Mounds View Community Center for a fun-filled evening while you enjoy some well-deserved time to yourself. Our trained youth staff will lead an exciting mix of activities, including supervised gym games, arts and crafts, movies, and more. Kids will stay active, creative, and entertained in a safe, supportive environment designed just for them.

Each Parent's Night Out includes attentive supervision, a tasty dinner and drink, and a variety of engaging, age-appropriate activities to make the night special. Whether parents use the time for a date night, errands, or simple relaxation, everyone wins!

Spots are limited—register early to secure your evening out!

Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
6-12	Fri	Jan 9	5:00 - 8:00 PM	\$30	Jan 5
6-12	Fri	Feb 13	5:00 - 8:00 PM	\$30	Feb 9
6-12	Fri	Mar 13	5:00 - 8:00 PM	\$30	Mar 9
6-12	Fri	Apr 10	5:00 - 8:00 PM	\$30	Apr 6
6-12	Fri	May 8	5:00 - 8:00 PM	\$30	May 4



All dance classes will be held at

QC Dance Studio

9967 Ulysses St NE,

Blaine, MN 55434



Parents and tots enjoy fun songs, props, and tumbling together in this guided play and exercise class. Dads welcome! Wear comfy clothes and clean tennis shoes or ballet slippers. Great for kids not ready to separate from a parent.

Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
0-2	Wed	Jan 14-Feb 18	5:00-5:30 PM	\$50	Jan 10
0-2	Wed	Feb 25-Apr 8	5:00-5:30 PM	\$50	Feb 20



A fun intro to dance with ballet basics, creative movement, props, and tumbling in a professional setting. Wear a leotard or comfy stretch attire and ballet slippers. Ideal for kids ready to be independent.

Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
2-3	Wed	Jan 14-Feb 18	5:00-5:35 PM	\$55	Jan 10
2-3	Wed	Feb 25-Apr 8	5:00-5:35 PM	\$55	Feb 20



A fun intro to dance with ballet basics, creative movement, props, and tumbling in a professional setting. Wear a leotard or comfy stretch attire and ballet slippers. Ideal for kids ready to be independent.

Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
4-5	Wed	Jan 14-Feb 18	5:40-6:15 PM	\$55	Jan 10
4-5	Wed	Feb 25-Apr 8	5:40-6:15 PM	\$55	Feb 20



Dancers can begin or elevate their dance skills with the latest trends. Students will learn the latest styles of dance through body isolations, funky-style steps and contemporary moves, all set to the latest pop and hip-hop music. Wear comfortable clothes and clean sneakers.

Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
5-7	Wed	Jan 14-Feb 18	6:20-6:55 PM	\$55	Jan 10
5-7	Wed	Feb 25-Apr 8	6:20-6:55 PM	\$55	Feb 20



Step into the spotlight with the freshest dance moves! Students will learn the latest styles of dance, from body isolations, funky-style steps and contemporary moves, all set to popular pop and hip-hop Music. Wear comfortable clothes and clean sneakers.

Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
8-12	Wed	Jan 14-Feb 18	7:00-7:35 PM	\$55	Jan 10
8-12	Wed	Feb 25-Apr 8	7:00-7:35 PM	\$55	Feb 20



Ninja Acro Class

This class lets kids learn and practice new 'ninja' skills with a focus on hip hop and acro. They'll improve stamina, flexibility, and technique with 'trick' moves. Perfect for energetic kids, the class also teaches the latest dance styles through body isolations, funky steps, and contemporary moves to popular music. Join us for games, a ninja craft, and fun!

Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
4-8	Sat	Feb 7	10:30 AM-Noon	\$30	Feb 2



Spark School of Music

Location: 1312 81st Ave NE

Intro to Music

This 5-week course is a fun musical adventure where kids explore piano, drums, guitar, and ukulele! Each student gets an Intro to Music book—a treasure map for learning. With a focus on creativity and fun, no experience is needed—just a love of music and a big smile!

Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
7-12	Tue	Jan 27 - Feb 24	4:30-5:15 PM	\$105	Jan 17

Group Piano Class

Join our 5-week Group Piano Class at Spark School of Music and Dance! Designed for young beginners, each 45-minute session builds skills, confidence, and friendships in a fun, supportive setting. Every student also gets a lesson book to keep the music going at home!

Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
6-10	Tue	Jan 27 - Feb 24	5:15-6:00 PM	\$120	Jan 17

Group Guitar Class

Join our 5-week Group Guitar Class at Spark School of Music and Dance! Perfect for young beginners, each 45-minute session builds skills, confidence, and friendships in a fun, supportive setting. Every student also gets a lesson book to keep learning at home!

Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
6-10	Tue	Jan 27 - Feb 24	6:00-6:45 PM	\$120	Jan 17

Paint with Me

Adult & Child Classes

Painting Classes where you and a special child in your life can bond while learning to paint step-by-step with a professional instructor, Jill Mason. Perfect for beginners and experienced artists alike, this class offers a unique opportunity to create beautiful artworks together in a relaxed and supportive environment. Each class will offer a theme geared towards youth and the season. Child and adult will share one canvas.

Class Fees: \$30 for 1 adult and 1 child

*Each additional adult or child is \$5 to paint on same canvas.

Location: Spring Lake Park City Hall

Class	Day(s)	Date(s)	Time	Deadline
Winter Friends	Sat	Jan 24	10:00 AM - Noon	Jan 16
Shaggy Friends	Sat	Feb 21	10:00 AM - Noon	Feb 15
Bright Bunnies	Sat	Mar 14	10:00 AM - Noon	Mar 7
Mushroom Cuties	Sat	Apr 11	10:00 AM - Noon	Apr 3
Spring Thing	Sat	May 9	10:00 AM - Noon	May 2

TEEN CLASS: Content Creators 101

Come use our mini content studio — complete with lighting, props, and supportive directors to help you film, record, and create. Whether it's TikToks, photos, or your next big idea, this space is yours.

Location: Mounds View Community Center

Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
11-17	Mon	Jan 19	4:00-6:00 PM	\$5	Jan 16
11-17	Fri	Apr 3	4:00-6:00 PM	\$5	Apr 1

VIRTUAL CLASS: Launch Your Pet-Sitting/Dog Walking Business

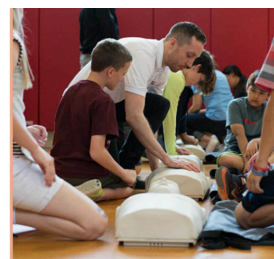
Love animals and want extra cash? Join our teen pet-sitting class! Learn pet-care basics, how to build trust, set rates, promote your services, and handle nervous pets. Get free handouts and pro tips from someone who started pet sitting at 13. Webinar login details arrive the day before.

Location: Virtual

Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
11+	Tue	Dec 2	12:00-1:00 PM	\$23	Nov 25

Friends & Family CPR & First Aid Class

Build confidence in emergencies with this one-day course for youth and adults. Learn CPR for infants, children, and adults, plus basic first aid and emergency response skills. Hands-on training covers home safety, injury prevention, and handling common health emergencies—perfect for anyone wanting to be ready to protect those around them.



Optional: After completing this course, CPR & First Aid certifications are available to purchase from the instructor for \$22.00.

Location: Able Park

Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
10+	Sat	Apr 18	9:00 AM-1:30 PM	\$55	Apr 7

Babysitter Course

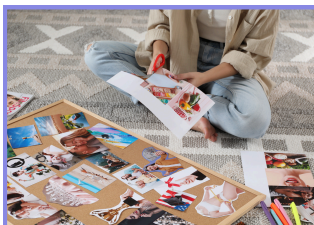
Discover the universal skills every babysitter needs in this one-day certification course. Learn basic infant and child care, first aid, emergency protocols, home safety, behavior and development basics, age-appropriate activities, professionalism, and leadership. *(Please pack an allergy-free lunch for your child.)*



Location: Able Park

Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
10-17	Sat	Apr 11	9:00 AM-3:30 PM	\$60	Apr 1

THAT GIRL STUDIO



Introducing our That Girl Studio—a space just for teen girls to connect, create, and just be. Each session, we'll make something cute (and actually useful), sip a fun drinky, and spend time with other girls in our community. It's a relaxed, safe, and supportive environment to unwind, try new things, and meet new friends.

Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
Claw Clip and Sunglasses Mounds View Community Ctr.					
11-17	Tue	Jan 13	4:00-6:00 PM	\$18	Jan 8
Clay Magnets and Earrings Able Park (8200 Able St)					
11-17	Sat	Jan 31	11:00 AM-1:00 PM	\$18	Jan 24
Paint Your Own Tote Bag Mounds View Community Ctr.					
11-17	Tue	Feb 10	4:00-6:00 PM	\$18	Feb 3
Rhinestone Art Able Park (8200 Able St)					
11-17	Sat	Feb 28	11:00 AM-1:00 PM	\$20	Feb 24
Vision Board Mounds View Community Ctr.					
11-17	Tue	Mar 10	4:00-6:00 PM	\$10	Mar 3
Vinyl Record Craft Able Park (8200 Able St)					
11-17	Sat	Mar 28	11:00AM-1:00 PM	\$15	Mar 21
Brush and Mirror Mounds View Community Ctr.					
11-17	Tue	Apr 14	4:00-6:00 PM	\$15	Apr 8
Glass Tumbler Painting Able Park (8200 Able St)					
11-17	Sat	Apr 25	11:00 AM-1:00 PM	\$20	Apr 20
Seashell Candle or Dish Mounds View Community Ctr.					
11-17	Tue	May 12	4:00-6:00 PM	\$25	May 5
Swimmy Storage Boxes Able Park (8200 Able St)					
11-17	Sat	May 30	11:00 AM-1:00 PM	\$20	May 23

TEEN Outings



Elm Creek Park Tubing

Bundle up and get ready to slide! We're heading out for a night of tubing, music, and good winter vibes. No experience needed, just show up and have fun. (Hot cocoa break included.) Be sure to wear weather appropriate clothing. **Location:** Mounds View Community Center

Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
12-17	Wed	Jan 28	5:30 - 9:30 PM	\$40	Jan 21

Thrift Shops & Coffee Stop

We're headed on a thrift adventure! Come hunt for your next favorite fit, the perfect statement piece, or that iconic jacket you didn't know you needed. We'll also stop for coffee along the way!

Location: Mounds View Community Center

Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
12-17	Sat	Feb 21	1:00 - 5:00 PM	\$15	Feb 18

Timberwolves Game

We're heading to Target Center to cheer on the Wolves — and yes, we will be chanting IN NAZ WE TRUST at least once. Come for the basketball, stay for the hype.

Location: Mounds View Community Center

Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
12-17	Thu	Mar 5	5:30 - 10:00 PM	\$55	Feb 2

Movie Night

Chill night out at our local theater! Popcorn, comfy seats, and a good movie with friends.

Location: Mounds View Community Center

Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
12-17	Fri	May 1	5:00 - 9:00 PM	\$25	Apr 24



DASH Floor Hockey

DASH Sports floor hockey camps provide players with a well-rounded hockey experience covering a broad range of skills training and skill-based games. Players will be taught how to properly stickhandle, pass, shoot, and play defense in a fun and positive environment. Athletes should bring a water bottle. Sticks and pucks are provided. **Location:** Mounds View Community Center

Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
2-4	Thu	Jan 8 - Jan 29	5:20-5:50 PM	\$65	Jan 6
5-8	Thu	Jan 8 - Jan 29	6:00-6:45 PM	\$69	Jan 6

DASH Cheer

DASH Sports Cheer camps provide athletes with an introduction to cheerleading. Campers will learn several cheers with focus on body control, jumping, & proper hand movements. **Location:** Mounds View Community Center

Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
3-5	Sat	Feb 21 - Mar 14	1:00-1:40 PM	\$69	Feb 19
6-8	Sat	Feb 21 - Mar 14	1:50-2:40 PM	\$69	Feb 19

DASH Soccer

DASH Sports Soccer Tykes camps provide players with an introductory experience to the game of soccer. Key elements of dribbling, passing, and shooting will be taught and practiced. Fun, skill-based games will be played to practice newly learned skills. **Location:** Lakeside Lions Park

Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
2-4	Wed	Apr 22 - May 13	5:20-5:50 PM	\$65	Apr 20
5-8	Wed	Apr 22 - May 13	6:00-6:45 PM	\$69	Apr 20

DASH Pickleball

DASH Sports Pickleball camps provide participants with introductory experience of the game in a fun & positive atmosphere. Emphasis is on technique & game play. Key elements of serving, returning, volleys, overheads, & lobbing will be taught & practiced.

Location: Mounds View Community Center

Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
January Classes					
5-8	Sat	Jan 10 - Jan 31	1:00-1:45 PM	\$69	Jan 8
9-12	Sat	Jan 10 - Jan 31	1:55-2:40 PM	\$69	Jan 8
February Classes					
5-8	Thu	Feb 19 - Mar 12	5:15-6:00 PM	\$69	Feb 17
9-12	Thu	Feb 19 - Mar 12	6:10-6:55 PM	\$69	Feb 17

DASH Sport Sampler

DASH Sports Sampler camps introduce kids to two popular sports—Flag Football and T-ball. Young athletes learn basics like running, throwing, and catching, with fun scrimmages on the final day. Participants should bring a baseball glove, water bottle, and wear athletic clothing and shoes; all other equipment is provided. Parent participation is required for ages 2–3 and recommended as needed for ages 4+. **Location:** Lakeside Lions Park

Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
2-4	Sat	Apr 25 - May 16	1:00 -1:40 PM	\$69	Apr 23
5-7	Sat	Apr 25 - May 16	1:50-2:40 PM	\$69	Apr 23

This program is a collaboration between Spring Lake Park, Mounds View, and Arden Hills Parks and Recreation Departments. Parent participation is required for ages 2-3 and recommended for ages 4+.

Youth Basketball Developmental Classes

This basketball clinic is the perfect place for young athletes to develop their talents, boost their confidence, and have a blast! Whether your child is a beginner or an experienced player, our clinics cater to all skill levels. With fun drills, exciting games, and team-building activities, your child will love every minute on the court! **Location:** Mounds View Community Center

Winter Session

Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
Intro to Basketball					
4-10	Sat	Jan 17 - Feb 14	9:00-9:30 AM	\$40	Jan 15
Beginner					
4-10	Sat	Jan 17 - Feb 14	9:45-10:30 AM	\$45	Jan 15
Intermediate					
4-10	Sat	Jan 17 - Feb 14	10:45-11:30 AM	\$45	Jan 15

Spring Session

Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
Intro to Basketball					
4-10	Sat	Mar 14 - Apr 18	9:00-9:30 AM	\$40	*No class: Apr 4 Mar 12
Beginner					
4-10	Sat	Mar 14 - Apr 18	9:45-10:30 AM	\$45	*No class: Apr 4 Mar 12
Intermediate					
4-10	Sat	Mar 14 - Apr 18	10:45-11:30 AM	\$45	*No class: Apr 4 Mar 12

YOUTH SOFTBALL LEAGUES

SEASON RUNS MAY 11 - AUGUST 1, 2026

THIS IS A CO-ED RECREATIONAL SOFTBALL PROGRAM FOR AGES 5-17. PARTICIPANTS MUST TURN THE REQUIRED AGE BY MAY 11, 2026.

TEAMS MEET TWICE PER WEEK — ONE TO TWO PRACTICES AND ONE GAME NIGHT (MON-THURS).

7U (AGES 5-7)

GAMES ON TUESDAYS AT 5:45 OR 7:00 PM

10U (AGES 8-10)

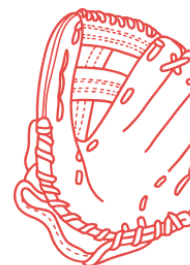
GAMES ON TUESDAYS AT 5:45 OR 7:00 PM

13U (AGES 11-13)

GAMES ON THURSDAYS AT 5:45, 7:00, OR 8:15 PM

17U (AGES 14-17)

GAMES ON MONDAYS AT 5:45, 7:00, OR 8:15 PM



TOURNAMENT WEEKEND:

JULY 30 - AUGUST 1, 2026
(BACKUP DAY IS AUGUST 2)

EARLY REGISTRATION FEE: \$79/ CHILD UNTIL MARCH 20, 2026.
AFTER 4:30 PM ON MARCH 20, 2026 \$89/CHILD, PENDING
LEAGUE AVAILABILITY

LIL' SLUGGER T-BALL

SEASON RUNS JUNE 8 - JULY 8, 2026

LEARN SOFTBALL BASICS WITH EMPHASIS ON SKILL
DEVELOPMENT, RULES, SPORTSMANSHIP AND FUN!

LIL SLUGGERS (AGES 4-5)

GAMES ON MON & WED 6-7:00PM

EARLY REGISTRATION FEE: \$39/ CHILD UNTIL MARCH 20, 2026.
AFTER 4:30 PM ON MARCH 20, 2026 \$49/CHILD, PENDING
LEAGUE AVAILABILITY

VOLUNTEER COACHES NEEDED!

PLEASE EMAIL CWADDELL@SLPMN.ORG FOR MORE
INFORMATION. VOLUNTEER COACHES CAN BE ELIGIBLE FOR 75 %
OFF THEIR CHILD'S REGISTRATION.

**COACHES TRAINING DONE BY COLLEGIATE SOFTBALL PLAYER*



ADULT SPORT LEAGUES

The North Metro Sports Association is a partnership between Spring Lake Park, Fridley, Mounds View, New Brighton recreation departments to bring adult sports leagues to the North Metro area.

Ages: 18+



Volleyball Spring Leagues

Division	Day(s)	Date(s)	Time
Coed Recreation	Mon	Apr 12 - May 18	6:00-10:00 PM
Coed Competitive	Mon	Apr 12 - May 18	6:00-10:00 PM
Open Recreation	Wed	Apr 15 - May 20	6:00-10:00 PM
Women's Competitive	Wed	Apr 15 - May 20	6:00-10:00 PM

Fees	Deadline
Team Fee: \$ 420	Reg opens Feb 2
Individual Fee: \$55	

Location(s):

Competitive Divisions: Highview Middle School, New Brighton
Recreation Divisions: New Brighton Community Center

Volleyball Summer Leagues

Summer Sand

Division	Day(s)	Date(s)	Time
Coed Recreation	Mon	Jun 15 - Aug 31	6:00-10:00 PM
Coed Competitive	Mon	Jun 15 - Aug 31	6:00-10:00 PM
Open Recreation	Wed	Jun 17 - Sep 2	6:00-10:00 PM
Women's Competitive	Wed	Jun 17 - Sep 2	6:00-10:00 PM

Fees	Deadline
Team Fee: \$ 360	Reg opens Feb 2
Individual Fee: \$ 45	

Location(s): TBD



Summer Indoor

Division	Day(s)	Date(s)	Time
Coed Recreation	Tue	Jun 16 - Aug 25	6:00-10:00 PM
Women's Competitive	Wed	Jun 17 - Aug 26	6:00-10:00 PM

Fees	Deadline
Team Fee: \$ 420	Reg opens Feb 2
Individual Fee: \$ 55	

Location(s): TBD

Bean Bag Toss Leagues

Grab a partner and play in our Bag Toss League! League play consists of 6 weeks + playoffs of doubleheader games. Teams can be made up of 2 players of any gender combination. Fee includes awards & sales tax.

Location: Mounds View Community Center

Day(s)	Date(s)	Time	Fee	Deadline
Thu	Jan 15-Mar 5	6:00-8:00 PM	\$40	Jan 1
Thu	Mar 9 - May 7	6:00-8:00 PM	\$40	Mar 5



Teams will play 10 weeks of games, then finish with a tournament. *Fee includes game balls, umpires, end of season double elimination tournament, tournament awards, and sales tax.

Location(s): Terrace Park

SLP Adult Co-Rec Softball League Summer Season

This softball league is designed for adults to enjoy Sunday evening low competition co-rec softball. Registrations are taken on a team basis; in order to be placed on the schedule, the team manager must submit a Team Roster & Waiver Form. Those without a team can register for free as a free agent for teams looking for more players or subs.

Day(s)	Date(s)	Time	Fee	Deadline
Sun	May 10-Aug 8	5:00-8:00 PM	\$508	May 4



The Spring Lake Park - Fridley Pickleball Group is a partnership between our two recreation departments to bring pickleball programs to the North Metro area.

Ages: 18+

Pickleball Ladder Leagues

Pickleball Ladder League (Ages 20-40)

Hayes Elementary School (Fridley)

Come join our fun self-officiated pickleball ladder league for ages 20-40! Doubles Ladder League - You don't need a partner. This format is designed so that players play others of similar skill level. The ranking is based on the winning percentage. Players will move up or down the ladder based upon their winning percentage.

Day(s)	Date(s)	Time	Fee	Deadline
Mon	Mar 23 - May 11	6:00-9:00 PM	\$40	Mar 16

Pickleball Ladder League (Ages 18+)

Hayes Elementary School (Fridley)

Come join our fun self-officiated 18 + adult pickleball ladder league! Doubles Ladder League - You don't need a partner. This format is designed so that players play others of similar skill level. The ranking is based on the winning percentage. Players will move up or down the ladder based upon their winning percentage.

Day(s)	Date(s)	Time	Fee	Deadline
Wed	Mar 25 - May 13	6:00-9:00 PM	\$40	Mar 18

Pickleball Classes

Pickleball for Beginners

Pickleball for Beginners is designed to improve pickleball players skills while focusing on the fundamentals of the game. This class is for beginners with little to no experience with the game. We will focus each week on the rules and different techniques to develop your understanding of the game.

Location: Hayes Elementary School (Fridley)

Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
18+	Sat	Jan 10 - Jan 31	8:00-10:00 AM	\$55	Jan 8

Pickleball: Skill and Drills

This program is designed for beginner/intermediate level players. Get ready to take your pickleball skills to the next level! This course welcomes pickleball players with a beginner-intermediate skill level to elevate their game. Each week will focus on a different area of the game while improving your play style and technique. Pickleball equipment will be provided if needed.

Location: Hayes Elementary School (Fridley)

Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
18+	Sat	Feb 7 - Feb 28	8:00-10:00 AM	\$55	Feb 5

Pickleball: Live Play Coaching

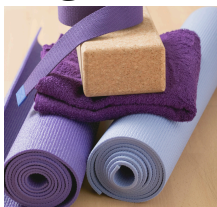
This class will focus on elevating your skills through game play! Our instructor will focus on real game situations and coach you through different play styles and strategies. The majority of the time in this program will be focused on game play and our pickleball expert will provide tips along the way! Equipment provided if needed.

Location: Hayes Elementary School (Fridley)

Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
18+	Sat	Mar 7 - Mar 28	8:00-10:00 AM	\$55	Mar 5

Daytime Gentle Yoga

Discover the wisdom of this ancient exercise that not only strengthens the body but also calms and focuses the mind. Our classes are specially designed for seniors and include gentle stretching, mindful breathing techniques, and guided relaxation and meditation.



Location: SLP City Hall

Session	Day(s)	Date(s)	Time	Fee	Deadline
January	Thu	Jan 8 - 29	10:00-10:45 AM	\$28	Jan 7
February	Thu	Feb 5 - 26	10:00-10:45 AM	\$28	Feb 4
March	Thu	Mar 5 - 26	10:00-10:45 AM	\$28	Mar 4
April	Thu	Apr 2 - 30	10:00-10:45 AM	\$35	Apr 1
May	Thu	May 7 - 28	10:00-10:45 AM	\$28	May 5

Evening Yoga

Come explore this ancient exercise system that strengthens the body while calming and focusing the mind. Learn how to take these basic exercises into your daily life to strengthen and tone your body, improve circulation, lower blood pressure, and help relieve stress. Instructor: Michael Ledman. *Please register no later than one day prior to the session start date.



Location: SLP City Hall

Session	Day(s)	Date(s)	Time	Fee	Deadline
January	Thu	Jan 8 - 29	6:00-7:30 PM	\$40	Jan 7
February	Thu	Feb 5 - 26	6:00-7:30 PM	\$40	Feb 4
March	Thu	Mar 5 - 26	6:00-7:30 PM	\$40	Mar 4
April	Thu	Apr 2 - 30	6:00-7:30 PM	\$50	Apr 1
May	Thu	May 7 - 28	6:00-7:30 PM	\$40	May 5

Zumba

Love to dance? Join our Zumba party! Perfect for beginners or active older adults, this class suits all shapes, sizes, and ages. Enjoy a fun, low-impact workout that safely helps you lose pounds and inches. In Zumba, fun leads the way to fitness!



Location: QC Dance Studio

Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
18+	Wed	Jan 7 - Jan 28	8:00-8:45 PM	\$40	Jan 3
18+	Wed	Feb 4 - Feb 25	8:00-8:45 PM	\$40	Feb 1
18+	Wed	Mar 18 - Apr 8	8:00-8:45 PM	\$40	Mar 13

Mature Driver Discount Classes

Taking a mature driver course can enhance your driving skills and knowledge, ensuring safer driving as you age. The course covers traffic laws, defensive driving techniques, and tips for managing common age-related changes in vision, hearing, and reaction time. Additionally, completing the course may qualify you for up to a 10% discount on your car insurance premiums.



Location: SLP City Hall

Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
55+	Wed	Feb 4	12:30-4:30 PM	\$29	Jan 28
55+	Wed	Apr 29	12:30-4:30 PM	\$29	April 22
55+	Tue	Aug 18	12:30-4:30 PM	\$29	Aug 11
55+	Wed	Sep 16	12:30-4:30 PM	\$29	Sept 9
55+	Thu	Oct 22	12:30-4:30 PM	\$29	Oct 15

FREE: Medicare Seminar

Learn the essentials of Medicare in this informative course. We'll cover Parts A, B, C, and D, along with supplemental options, and provide a brief overview of Medicare's history. Most of the session will focus on understanding Medicare Advantage Plans. Please note: carrier-specific plans will not be discussed.



Location: SLP City Hall

Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
55+	Wed	Jan 7	6:00-7:00 PM	\$0	Dec 31
55+	Wed	Apr 15	6:00-7:00 PM	\$0	Apr 8

Free: Hypertension Control

(8 weeks, via Zoom at SLP City Hall)

A weekly 90-minute workshop to help you manage and lower high blood pressure. Learn: DASH nutrition, activity and weight planning, medication and stress management, tobacco cessation, and community resources. Goal: Build healthy habits and gain support to improve your blood pressure.

Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
55+	Wed	Feb 18 - Apr 22	10:00 - 11:30 am	\$0	Feb 10

Art Classes

Discover the joy of painting in these classes designed for all skill levels. Learn techniques in color, composition, and brushwork while exploring a variety of styles and subjects. Whether you're a beginner or an experienced artist, you'll gain skills, confidence, and inspiration to create your own beautiful works of art. All materials provided.

Painting with Jill

Class Fee: \$37

Location(s): Jill's class locations vary between Able Park and SLP City Hall.



Cardinals Appear

Age(s)	Day(s)	Date(s)	Time	Deadline
18+	Tues	Jan 20	6:00-9:00 PM	Jan 13

Envelopes of Love

Age(s)	Day(s)	Date(s)	Time	Deadline
18+	Mon	Feb 2	6:00-9:00 PM	Jan 26

It's a Spring Thing

Age(s)	Day(s)	Date(s)	Time	Deadline
18+	Tues	Mar 10	6:00-9:00 PM	Mar 3

Books and Plants

Age(s)	Day(s)	Date(s)	Time	Deadline
18+	Thu	Apr 2	6:00-9:00 PM	Mar 26

Spring Gate Welcome

Age(s)	Day(s)	Date(s)	Time	Deadline
18+	Thu	May 14	6:00-9:00 PM	May 7

Watercolor Fun with Jill

Age(s)	Day(s)	Date(s)	Time	Deadline
18+	Tue	Jan 27	1:00-4:00 PM	Jan 17
18+	Tue	Feb 17	1:00-4:00 PM	Feb 10
18+	Tue	Mar 17	1:00-4:00 PM	Mar 7
18+	Tue	Apr 13	1:00-4:00 PM	Apr 6
18+	Tue	May 18	1:00-4:00 PM	May 10

Mixed Media with Jill

Class Fee: \$55

Glass Snowman

Age(s)	Day(s)	Date(s)	Time	Deadline
18+	Thu	Jan 15	6:00-8:30 PM	Jan 7

Night Light

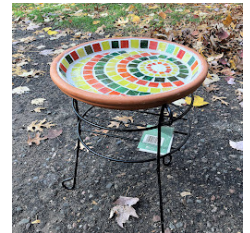
Age(s)	Day(s)	Date(s)	Time	Deadline
18+	Thu	Apr 23	6:00-8:30 PM	Apr 17

Mosaic Bird Bath with Peggy

Class Fee: \$20

Peggy will help you create a personalized Mosaic Bird Bath. This class will include all the items you need and step by step instructions. Please bring rubber gloves, and old towel for grouting and wear clothing that can get messy.

**A \$25.00 supply fee paid to instructor at class.*



Location: Spring Lake Park City Hall

Age(s)	Day(s)	Date(s)	Time	Deadline
18+	Thu	May 14	6:00-9:00 PM	May 5

Mandala Rock Painting

Class Fee: \$35

Have you ever wanted to tap into your creative side? Explore peace and relaxation while crafting an intricate, original Mandala Rock or Tea Candle.



Location: Spring Lake Park City Hall

Age(s)	Day(s)	Date(s)	Time	Deadline
18+	Fri	Apr 10	1:00-3:00 PM	Apr 6

Cooking with Jeff Sandino

Location: Fridley High School

Chicken Marsala vs Chicken Limone

Start with bruschetta topped with mozzarella, vine-ripened tomatoes, roasted bell pepper, basil, and olive oil. Then enjoy Chicken Marsala with sautéed mushrooms in Marsala butter sauce, or Chicken Limone with chardonnay butter and capers. Both come with Spaghetti Aglio Olio, tossed with olive oil, garlic, and Romano cheese. Finish with Diplomatico a rum and espresso-soaked cake layered with chocolate mousse and whipped cream.



Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
18+	Tue	Jan 27	6:00-9:00 PM	\$45	Jan 26

Classic French Cuisine

Savor French onion soup with toasted croutons and melted Gruyère, followed by Coq au Vin with wild rice and green beans amandine. Finish with a light chocolate soufflé served with crème anglaise, caramel, and raspberry sauce.



Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
18+	Tue	Mar 3	6:00-9:00 PM	\$45	Mar 2

Traditional Italian Cuisine

Enjoy Italian favorites starting with Panzanella, a toasted bread salad with fresh vegetables in a bold vinaigrette. Then make Chicken Saltimbocca with prosciutto, sage, and pan-fried artichokes in a lemon-caper butter sauce. Learn to craft Potato Gnocchi, tossed with basil pesto, marinara, and brown butter sage sauces. Finish with Cannoli—crispy pastry filled with sweet ricotta and mascarpone, topped with pistachios and warm chocolate sauce.



Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
18+	Tue	Apr 7	6:00-9:00 PM	\$45	Apr 6

Tantalizing Thai Cuisine

Begin with fresh Vietnamese summer rolls served with hoisin and peanut sauces, alongside crispy fried spring rolls stuffed with pork, turkey, and glass noodles. Next, prepare vibrant Pad Thai with chicken, eggs, chilies, garlic, basil, scallions, and bean sprouts. Finish with a refreshing Thai lime custard topped with whipped cream.



Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
18+	Tue	May 12	6:00-9:00 PM	\$45	May 11

Virtual Cooking Classes with Kirsten

Welcome Kirsten! Kirsten Madaus is a champion of cookware who enjoys teaching Virtual classes from her kitchen with 2 dogs underfoot, Kirsten spends time creating beautiful food and helping fight food insecurity at Chowgirls Catering. She has been eating with local intention and sharing how to make the most of the farm share via her website Farm Fresh Feasts for more than 10 years.

Freezer Meal Prep

Prep alongside Kirsten & Megan to stock your freezer! As we assemble different entrees together, we'll share meal planning and make-ahead tips. You'll get a detailed shopping list and recipes (with GF, DF, and meatless options) before class, plus a recording link afterward. The class link will be emailed in advance.



Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
18+	Sat	Jan 24	3:00-4:30 PM	\$25	Jan 10

Flavor Forward Spring Bowls

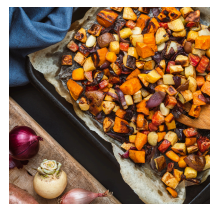
Join Kirsten for a live online cooking class featuring fresh spring flavors! We'll prepare a grain base, protein, sauce, and fresh sides—perfect to enjoy right away or for meal prep. You'll receive a detailed handout, class link, and recording for later. The link will be emailed before class.



Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
18+	Thu	Feb 26	6:30-8:00 PM	\$25	Feb 12

Air Fryer Veggies

Discover how quick and delicious air-fried vegetables can be! In this live online class, Kirsten will demo recipes like Lemon Pepper Broccoli, Miso Sesame Kale Chips, and Roasted Sweet Potato Sticks. You'll receive a detailed handout, class link, and recording to cook along anytime.



Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
18+	Thu	Apr 9	6:30-8:00 PM	\$25	Mar 26

Summer Skewer Snacks

Food on a stick isn't just for the Fair! Join Kirsten live online to explore creative skewers beyond basic Caprese—full of color, flavor, and variety. Learn the 3 Rules of Skewering and techniques for stunning presentations, with recipes for everyone. You'll receive a handout, class link, and recording to cook along anytime.



Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
18+	Thu	May 14	6:30-8:00 PM	\$25	Apr 30

Virtual Courses

*Links will be emailed prior to class

Anders Genealogical Services

Genealogy 101

Begin your family history journey with confidence! In this hands-on course, you'll learn essential skills to start building your family tree. Discover how to organize your research, access vital records, and navigate common roadblocks. By the end, you'll have the tools to uncover your family's unique story.

Location: Virtual

Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
18+	Thu	Jan 22	6:30-8:00 PM	\$25	Jan 19
18+	Tue	Feb 10	10:00-11:30 AM	\$25	Feb 7

Genealogy DNA 101

Curious about DNA testing? Let's demystify genetic genealogy together! We'll explore popular DNA kits, interpret results, and use them to enhance your family research. You'll also learn to navigate unexpected matches and understand the pros and cons of genetic testing in genealogy.

Location: Virtual

Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
18+	Thu	Feb 19	6:30-8:00 PM	\$25	Feb 17

Genetics & Genealogy DNA 102

Discover how traditional research and DNA analysis work together to unlock your family's past. We'll explore advanced tools, address common misconceptions, and help you leverage both fields to enrich your family history journey.

Location: Virtual

Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
18+	Thu	Mar 19	6:30-8:00 PM	\$25	Mar 17
18+	Tue	Mar 31	10:00-11:30 AM	\$25	Mar 27

Genealogy-Census Records Decoded

In this hands-on workshop, you'll learn to mine these documents for family gold. We'll dive into both federal and state census records, and use them to expand your family tree and uncover fascinating details about your ancestors' lives.

Location: Virtual

Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
18+	Thu	Apr 16	6:30-8:00 PM	\$25	Apr 13

Save money with Extreme Couponing

Discover how to save money daily with extreme couponing! This workshop will show you how to find various coupons beyond just groceries, potentially saving you hundreds or thousands annually. Learn about the best coupon apps and websites and how to maximize savings by matching coupons with sales. Taught by an experienced couponer, this session includes informative handouts.



Location: Virtual

Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
18+	Tue	Mar 17	4:00 - 5:00 PM	\$20	Mar 7

Passive Income 101

Discover how to earn money 24/7 with this dynamic class! Learn to identify profitable opportunities, create irresistible products, and automate sales and marketing systems. Transform your ideas into a passive income machine with guidance from LeeAnne Krusemark, a seasoned author and educator. Includes 50 ideas and informative handouts.



Location: Virtual

Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
18+	Wed	Mar 25	6:00 - 8:00 PM	\$30	Mar 15

Pitch Perfect: Crafting Query Letters & Proposals

Want editors to say "yes" to your pitch? Join this session to learn how to craft irresistible query letters and proposals. You'll discover how to hook an editor quickly, tailor your pitch, avoid common mistakes, and follow up effectively. Led by LeeAnne Krusemark, a seasoned journalist and professor, this class equips you with the skills to confidently pitch your work. Informative handouts are included, and webinar login details will be emailed prior to the class.



Location: Virtual

Age(s)	Day(s)	Date(s)	Time	Fee	Deadline
18+	Sat	Mar 28	1:00 - 2:00 PM	\$20	Mar 23

Day Trips depart from Spring Lake Park City Hall. ***All Day Trips include lunch unless otherwise noted.**



MN Zoo Winter Getaway

Escape the Cold: A Tropical Day at the Minnesota Zoo! Tired of the icy sidewalks and gray skies? Step into a lush, warm paradise without leaving Minnesota! Join us this January for a delightful day trip to the Minnesota Zoo, where we'll trade snow boots for tropical vibes and discover the wonders of the animal kingdom—no passport required! ***Includes lunch.**

Day(s)	Date(s)	Time	Fee	Deadline
Tue	Jan 20	9:00 AM-4:00 PM	\$85	Dec 20



Church of Cash - Le Musique Room

Led by Jay Ernest's deep, resonant voice, the Church of Cash delivers an authentic tribute to Johnny Cash that captures both his sound and spirit. Featuring timeless hits like "I Walk the Line" and "Ring of Fire," their high-energy performances honor Cash's legacy with unmatched passion and artistry. This unforgettable show has won fans across the globe, bringing the soul of American music to life. ***Includes lunch.**

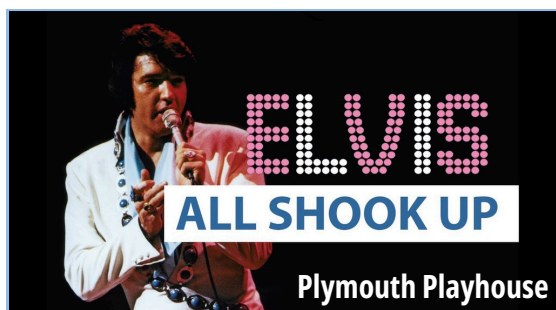
Day(s)	Date(s)	Time	Fee	Deadline
Fri	Feb 20	10:30 AM-4:30 PM	\$100	Jan 15



Mille Lacs Indian Museum and Grand Casino

Discover the rich history and culture of the Mille Lacs Band of Ojibwe at the Mille Lacs Indian Museum. Enjoy an engaging visit filled with stories, traditions, and interactive exhibits. Then, head to the Mille Lacs Casino for a delicious lunch and time to relax, explore, and experience the excitement the casino has to offer. ***Includes lunch.**

Day(s)	Date(s)	Time	Fee	Deadline
Fri	Mar 6	8:15 AM-5:00 PM	\$80	Feb 6



Elvis: All Shook Up - Plymouth Playhouse

This crowd-pleasing musical is inspired by and featuring the songs of Elvis Presley®. It's 1955, and into a square little town in a square little state rides a guitar-playing young man who changes everything and everyone he meets in this hip-swiveling, lip-curling musical fantasy that'll have you jumpin' out of your blue suede shoes with such classics as "Heartbreak Hotel," "Jailhouse Rock," and "Don't Be Cruel." ***Includes dinner.** Evening performance

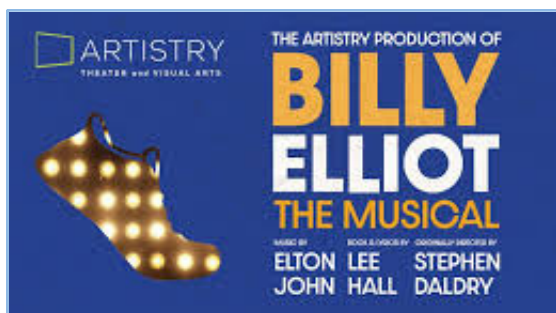
Day(s)	Date(s)	Time	Fee	Deadline
Thu	Mar 12	5:00-10:30 PM	\$92	Feb 12



Garth Brooks Tribute - Le Musique Room

Experience the magic of Garth Brooks from the moment you enter the theater. From "Friends in Low Places" to "The Dance," World According to Garth delivers his biggest hits with incredible energy, emotion, and authenticity—a true front-row tribute to one of country music's legends. ***No Meal** ***Evening performance**

Day(s)	Date(s)	Time	Fee	Deadline
Sat	Mar 21	6:00-10:30 PM	\$80	Feb 15



Billy Elliot - Artistry

Billy Elliot The Musical tells the uplifting story of a boy in a struggling 1980s English mining town who discovers an unexpected love for dance. With a moving score by Elton John, the show blends humor, grit, and heartfelt emotion as Billy's dream inspires hope and change for his family and community. ***Includes lunch.**

Day(s)	Date(s)	Time	Fee	Deadline
Wed	Apr 29	10:30 AM-4:30 PM	\$100	Mar 24

Day Trips depart from Spring Lake Park City Hall. *All Day Trips include lunch unless otherwise noted.



Birthday Candles at the Sidekick Theater

Birthday Candles by Noah Haidle is a poignant and imaginative play that asks what makes a life well-lived. Following Ernestine Ashworth as she celebrates her birthdays from age 17 to 101, the story unfolds in a single kitchen, where family, love, loss, and joy all leave their mark. It's a moving reminder to cherish the beauty in small rituals and connections. *Includes lunch.

Day(s)	Date(s)	Time	Fee	Deadline
Wed	May 6	11:00 AM-4:30 PM	\$90	Apr 1



Courting Harry at the History Theater

Follow Minnesota natives Supreme Court Chief Justice Warren Burger and Justice Harry Blackmun, lifelong friends whose strong bonds are tested by the momentous decisions before them. *Includes lunch.

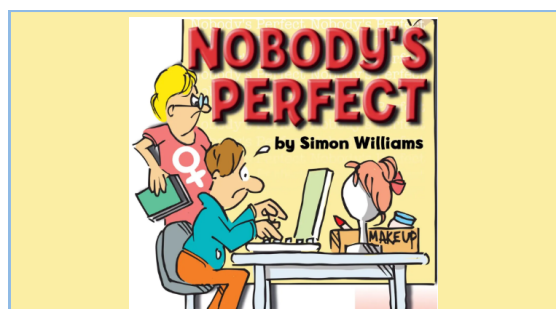
Day(s)	Date(s)	Time	Fee	Deadline
Thu	May 21	10:30 AM-2:30 PM	\$97	Apr 20



Little Women - Guthrie Theater

Jo March dreams of becoming a writer—an uncommon ambition for a girl in 1860s Massachusetts. While their father is away at war, Jo and her sisters Meg, Beth, and Amy stay strong with their mother, Marmee. As they face love, loss, and growing up, Jo finds her voice through storytelling and ultimately becomes a published author. This adaptation of the classic novel highlights the joys and struggles of coming of age. *Includes lunch at SLP City Hall.

Day(s)	Date(s)	Time	Fee	Deadline
Wed	May 27	10:30 AM-5:00 PM	\$90	Apr 15



Daytrippers Nobody's Perfect - Minnesota Scottish Rite

The women's publishing house called love is all around is inviting new writers to submit a manuscript into a competition. Leonard is thrilled when he hears his manuscript has won the top prize, but equally disappointed to hear it can only be awarded in person to a female. To avoid forfeiting the prize, Leonard's alter ego, Lula belle Latifa is born -and the real craziness begins! *Includes lunch.

Day(s)	Date(s)	Time	Fee	Deadline
Thu	Jun 18	10:30 AM-4:00 PM	\$92	May 18



Guys & Dolls - Chanhassen Dinner Theater

Guys and Dolls follows gambler Nathan Detroit, his weary fiancée Adelaide, high-roller Sky Masterson, and missionary Sarah Brown in a whirlwind tale of love, luck, and redemption. With Frank Loesser's unforgettable score—including "Luck Be a Lady" and "Sit Down You're Rockin' the Boat"—this classic musical delivers laughs, heart, and timeless songs. Meal at Chanhassen Dinner Theater. *Includes lunch.

Day(s)	Date(s)	Time	Fee	Deadline
Wed	June 24	10:30 AM-5:00 PM	\$107	May 15



Church Basement Ladies: A Second Helping

This funny musical takes place in a rural Minnesota church basement, where a group of quirky, resilient women keep the congregation running. It's 1969—amid Vietnam War protests, the fight for equal pay, and the Vikings-Chiefs Super Bowl—these women face their own changes. From the elderly kitchen matriarch to a young mom-to-be, they find strength and humor in one another as they tackle life's challenges. *Includes lunch.

Day(s)	Date(s)	Time	Fee	Deadline
Thu	Jul 16	10:30 AM-4:30 PM	\$92	Jun 15

2026 Extended Tours

WITH SLP RECREATION

PLAN YOUR TRIP WITH US

Trek for the Tulips

April 29- May 4 | Holland, MI: Get ready to tiptoe through a sea of tulips in one of the most charming springtime destinations around. We'll start with a quick city stop, then it's flowers galore, quaint streets, and picture-perfect moments in bloom. On the way home? Let's just say we'll be crossing waters and soaking up a few more surprises before landing back in Minnesota.

Price per Person: Single: \$ 1,850 | Double: \$ 1,500 | Triple: \$1,455

Backroads and River Bends

June 11-14 | La Crosse/Harmony, WI: Leave the fast lane behind and journey with us through winding riverside views and the peaceful charm of Amish country. From handmade treasures to hidden gems off the beaten path, this trip blends simplicity, serenity, and a whole lot of scenic beauty — with a restful stay tucked along the Mississippi. Come wander where time slows down.

Price per Person: Single: \$ 1,250 | Double: \$ 1,050 | Triple: \$ 975

Ladies in Lincoln

September 23-27 | Lincoln, NE: This September, we're off to Lincoln, Nebraska—where crisp fall air meets cozy charm. Think golden gardens, scenic strolls, and time well spent with your favorite crew. From local bites to boutique finds, this autumn escape is all about laughs, layers, and a little Lincoln magic.

Price per Person: Single: \$ 1,350 | Double: \$ 1,150 | Triple: \$ 1,075

Door County Delights

October 6-9 | Green Bay/Door County, WI: This October, we're off to Door County—where fall colors meet lakeside serenity. Sip local wines, spot storybook lighthouses, and soak in the beauty of autumn at its peak. With every winding road and cozy stop, this relaxing getaway is a toast to the season.

Price per Person: Single: \$ 1,550, Double: \$ 1,350, Triple: \$ 1,275

A Very Branson Christmas

November 17-22 Branson, MO: Get ready for a spotlight-filled weekend in Branson, where dazzling live shows, festive tunes, and toe-tapping fun take center stage. From holiday classics to local favorites, this trip is all about catching the best performances and celebrating the season with style.

Price per Person: Single: \$ 1,725 | Double: \$ 1,525 | *Triple: \$ 1,450





SLP TOURS

ALASKA

*Land and Sea**Adventure***Adventure is calling. Will you answer?**

This is your chance to experience Alaska at its finest—a perfect blend of luxury cruising and thrilling land exploration. From glittering glaciers to endless wilderness, this 13-day journey is filled with jaw-dropping scenery, incredible wildlife, and moments you'll remember forever.

Seven Nights at Sea – Sail in comfort aboard your Princess ship, with great dining, live shows, and sweeping ocean views. Glide through Alaska's waterways, watching for whales, eagles, and sunlit glaciers. **Six Days on Land** – Venture into Alaska's interior by motorcoach, visiting small towns, mountain passes, and national parks. Meet sled dogs, ride mountain trams, and explore at your own pace. **Nature & Adventure** – Cruise past icebergs, spot wildlife, and savor Alaska's long summer light—each day offering a new adventure.



July 25-Aug 7, 2026



From Minneapolis to the Last Frontier



Princess Cruise Lines – Alaska Land & Sea

763-792-7201

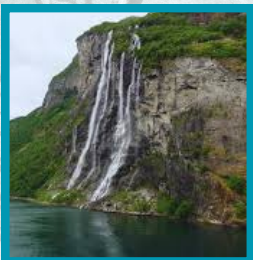
recinfo@slpmn.org

www.slpsec.org

Tour Fees

Cabin	Single	Double
Inside cabin	\$8250	\$6250
Outside cabin	\$9250	\$6600
Balcony Cabin	\$9800	\$7500

EXPLORE THE WORLD WITH COLLETTE



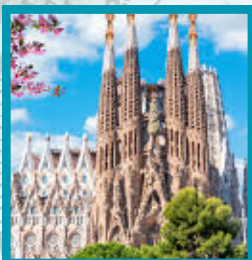
Highlights of Norway
June 20-28, 2026



Mediterranean Coastal
Aug 22-Sep 6, 2026



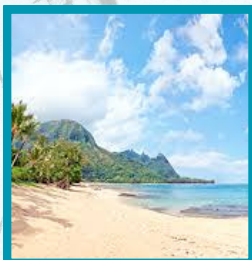
Iceland's Northern Lights
Sep 26-Oct, 2026



Journey through Spain
Oct 31-Nov 10, 2026



Xmas Markets-Canada
Dec 17-23 2026



Hawaiian Adventure
Jan 14-23, 2027

IN PARTERSHIP WITH SPRING LAKE PARK RECREATION



Stop by SLP Recreation to pick up the trip flyers or go to slprec.org for more info!

Anne Scanlon, Director
763-792-7231
ascanlon@slpmn.org

Spring Lake Park Involvement

Adopt-A-Flower Garden in Spring Lake Park!

Help make our parks bloom—One garden at a time!

The City of Spring Lake Park invites individuals, families, community groups, Scouts and businesses to participate in our Adopt-A-Flower Garden Program. This volunteer opportunity allows you to care for a designated flower or perennial garden in one of our city parks.

As a garden adopter, you'll

- Weed, water, and prune your garden
- Keep it looking fresh and vibrant all season long
- Enjoy time outdoors while making a visible difference in your neighborhood

Who can Adopt?

- Anyone age 18 or older
- Youth groups are welcome with adult supervision
- Business, families and community groups
- Gardens area assigned based on preference and first come basis

Want to help, but can't Adopt?

- Donate plants (nursery or garden center gift cards/certificates only)
- Sponsor a garden – various levels available to support beautification projects.

How to Get Involved

Visit www.slpark.org to learn more and download the Adoption Form. Return it to City Hall in person, by mail, drop box, or email:

recinfo@slpmn.org

Let's grow something beautiful—together!



Tower Days Committee

Be Part of the Planning — Join the Tower Days Committee!

Spring Lake Park's annual Tower Days celebration, held the first full weekend in June, is a beloved tradition that brings the community together through parades, music, food, fireworks, games, and more. Behind the scenes, a dedicated team of volunteers works year-round to plan and deliver the event—and we're looking for new members to join the team!

The Tower Days Committee is seeking both adult and youth members (ages 15+) to help guide the planning process and support the event itself.

Committee Responsibilities:

- Help plan and organize event activities, entertainment, logistics, and vendors
- Attend monthly committee meetings
- Volunteer on event weekend—a key part of committee involvement

Meeting Schedule:

When: Last Tuesday of each month at 6:00 PM

Where: Spring Lake Park City Hall

Eligibility:

We welcome all community-minded people ready to connect, get involved, and bring the excitement to Tower Days. Whether you're a local resident, youth (15+), or a business—your creativity, organization, and enthusiasm can help make this celebration shine even brighter!

Interested in Joining?

Contact the Park and Recreation Office at recinfo@slpmn.org or call 763-792-7201

Park and Recreation Commission

Join the Spring Lake Park Parks and Recreation Commission

Are you passionate about parks, recreation programs, and building a stronger community? The Spring Lake Park Parks and Recreation Commission is currently seeking new adult and youth members (ages 15+) to serve in this important advisory role.

Commissioners help guide city decisions related to park development, recreational programming, senior services, and popular events like the Easter Egg Hunt, Tower Days, and Fall Fest. This is a great opportunity to make a lasting impact and collaborate with residents and city staff on shaping the future of Spring Lake Park.

Commission Details:

- Meeting Time: 6:00 PM on the first Tuesday of each month
- Location: Spring Lake Park City Hall
- Term Length: 3 years (1 year for youth members)
- Eligibility: Open to residents of Spring Lake Park or those living within the Spring Lake Park School District.
- Expectations: Attend meetings regularly and assist with major city recreation events.

Youth Members Welcome!

We are also accepting applications for youth commission members, ages 15 and older, who are willing to commit to a one-year term. This is a valuable opportunity to develop leadership skills, contribute ideas, and earn volunteer experience.

Ready to Get Involved?

Visit <https://slpmn.org/bc-parkrec>, email the Park and Recreation Office at recinfo@slpmn.org or call 763-792-7201 to learn more and/or apply.



Country Jammers Community Music at Able Park

Love country music? Whether you're a seasoned picker, a shower singer, or just love to tap your boots to a good tune, Country Jammers is the place for you!

Join us for a casual, open-to-the-public jam session where musicians and singers of all levels are welcome to drop in, play along, sing a favorite tune, or just enjoy the music. Bring your guitar, banjo, fiddle, harmonica—or just your voice—and be part of a friendly, foot-stomping good time. No sign-up needed. No pressure. Just good country vibes.

Dates:

Jan 13 (Tues)
Feb 9 (Mon)
March 9 (Mon)
April 13 (Mon)
May 11 (Mon)

Location: Able Park Building

Time: Noon

Cost: Free & open to the public

Come for the music, stay for the community. Let's jam, y'all!



Spring Lake Park Lions PANCAKE BREAKFAST & COMMUNITY SHOWCASE

APR
19



FREE
ENTRY

Join the Spring Lake Park Lions for their popular all-you-can-eat pancake breakfast on Sunday, April 19, 2026, from 8:00 AM to Noon at Spring Lake Park High School Cafeteria (Door #29). Enjoy fluffy pancakes, French toast, sausage, eggs, juice, milk, and coffee—all for a free-will offering that supports local community programs. While you're there, explore the Community Showcase featuring local exhibits, a craft and bake sale, and fun activities like face painting for the kids. Bring your family, friends, and appetite. There's something for everyone!

FREE-WILL-OFFERING

Time: 8:00 AM-Noon

LOCATION: SPRING LAKE PARK HIGH
SCHOOL CAFETERIA - DOOR #29



Join the fun!

FREE SENIOR CLUBS

Book Club

Love to read? Join our friendly Book Club at City Hall and share great conversations about great books! Everyone is welcome—whether you're a lifelong reader or just getting started.

List of upcoming books:

Jan: The Mad Wife
Feb: Queen of Crimes
March: Twice

Meets the 1st Thursday of each month at 11:00 AM.

Bingo

Bingo Just Got Better! We've added a digital display to make the game even more exciting—so grab your friends and join us for Free Senior Bingo on the **2nd and 4th Mondays of each month at 1 PM**. Enjoy an afternoon of laughter, socializing, and the chance to win great prizes!

500 Card Club

Looking for a fun way to spend your Thursday afternoons? Join us at City Hall every **Thursday at 1 PM** for lively games of 500! All are welcome—whether you're a seasoned player or just starting out.

Hand and Foot

Looking for a fun, social way to spend your afternoon? Try Hand and Foot—a lively, team-based card game that's easy to learn and perfect for seniors!

Join our drop-in games every **Wednesday at 1 PM** at City Hall. New players are always welcome. We are happy to teach you as you go!

Up & Down the River

Join fellow card enthusiasts for Up and Down the River, a fun and easy-to-learn game where you guess how many tricks you'll win each round as the number of cards changes. Enjoy an afternoon of laughter, friendly competition, and socializing—no experience needed! **3rd Monday of the Month at 1PM.**



Spring Lake Park Recreation Department
1301 81st Avenue NE
Spring Lake Park, MN 55432

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PERMIT NO. 1611

Spring Lake Park
Parks and Recreation
763-792-7201



Spring Lake Park Tower Days

Thursday, June 4 – Saturday, June 6

Join us for an exciting lineup featuring:

Live Music
Community Parade
Bingo & Prizes
Tasty Bites
Beer Garden Vibes

Ninja Anywhere Action Course
Games and Fun
Classic Car Show
Fireworks Finale
And so much more!

Power Local Moments. Create Lasting Impact.

Sponsor Spring Lake Park's Tower Days.
Enhance your brand through sponsorship of our biggest event of the year.

The earlier you sponsor, the longer your exposure!

- Tower Tribute \$5,000+, Top billing, premium exposure, and exclusive perks
- Spring Lake Legacy \$2,000 - \$4,999, High visibility and strong brand presence
- Community Champion \$1,000 - \$1,999, Support with impact and recognition
- Neighborhood Supporter \$500 - \$999, Great for small businesses and local leaders
- Friend of Tower Days \$0 - \$499, Perfect for individual and grassroots supporters

Contact: Anne 763-792-7201 | ascanlon@slpmn.org