Winter 2025



New Journeys

Spring Lake Park I Parks & Recreation





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April 28, 29 & 30

Embark on a journey to our mystery destinations that are sure to delight you!

Tour Fees

Price per Person Single: \$925 Double: \$825 Triple: \$800*

Final payment is due February 28, 2025

AKE MICHIGAN June 18 -24, 2025 7 days, 6 nights

Don't pass up this great trip around and through Lake Michigan. There are so many things to experience!

Tour Fees

Price per Person

Single: \$2400 Double: \$2100 Triple: \$2075*

Final payment is due on April 16, 2025



August 25 –27th. 2025

You will experience a wide range of quintessential Minnesota sights.

Tour Fees

Price per Person

Single: \$990 Double: \$900 Triple: \$875*

Final payment is due on June 30, 2025

September 24 - 28

We are off to the Canadian city of

Tour Fees

Price per Person Single: \$1,350 Double: \$ 1,150 Triple: \$1,100

Final payment is due on July 29, 2025

Winnipeg, so be sure to have your passport.

Kansas City Holiday

Dec 10 -14th, 2025 5 day, 4 nights

Dawn your holiday spirit because we are off to Kansas City where magic awaits with cheer so bright.

Tour Fees

Price per Person Single: \$1,475 Double: \$1,250 Triple: 1,200*

Final payment is due on October 8, 2025

Collette Only Travel Show

Join us for an exclusive presentation by a Collette representative, showcasing our exciting upcoming tours to the stunning Alpine Countries and the captivating Treasures of Turkey.

Dates: Thursday, February 6 or Tuesday, April 8 Time: 10:00 - 11:00 AM Location: Able Park Building

RSVP for TRAVEL SHOW at 763-792-7201

Discover the Alpine Countries

Austria - Germany - Switzerland

October 02 — October 13, 2025 • 12 Days • 16 Meals

Highlights

Vienna, Schönbrunn Palace, Classical Concert, Danube Cruise, Salzburg, Choice on Tour: Salzburg City Tour or Sound of Music City Tour, Munich, Choice on Tour: Treasures of Munich Residence or Panoramic Munich City Tour, Oberammergau, Linderhof Palace, Black Forest, Freiburg, Lucerne

Registration Deadline: 4/3/2025

Treasures of Turkey

Istanbul, Ancient Ephesus & Cappadocia April 18 — May 01, 2026 • 14 Days • 22 Meals

Highlights

Istanbul, Hagia Sophia, Topkapi Palace, Spice Market, Food Tour, Bosphorus Straight Cruise, Ephesus, Pamukkale Archeological Site, Aegean Coast Boat Ride, Impact Moment, Konya, Cappadocia, Grand Bazaar

Registration Deadline: 9/12/2025

(763) 792-7201

For online registration information please visit www.slprec.org

How to Register

Online - Visit our website at slprec.org and click "Registration". Payment is due at time of registration.

Over The Phone - Call us at 763-792-7201 between 8:00am and 4:30pm, Monday - Friday. Payment is due at time of registration.

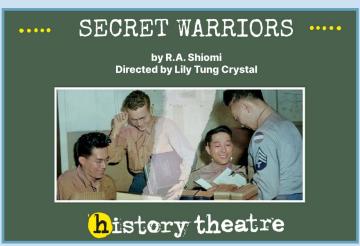
In Person or Via USPS Mail - To register, mail or drop off your Registration Form and payment to Spring Lake Park City Hall. Office Hours: 8:00am - 4:30pm, Monday - Friday Email: recinfo@slpmn.org



On the Road Again

ON THE ROAD AGAIN returns to the Sidekick stage with another memorable concert filled with your favorite country music from decades past. Get ready for some fantastic fiddling and even more lush harmonies! Featuring the music of Hank Williams, Patsy Cline, Johnny Cash, Willie Nelson and Waylon Jennings, this is one Sidekick concert you won't want to miss! Lunch Included.

Day(s)	Date(s)	Time	Fee	Deadline
Thu	Mar 20	10:30 AM - 5:00 PM	\$95	Feb 20



Secret Warriors

Secret Warriors shines a light on the Japanese American soldiers who served as translators and interrogators for the U.S. Army in WWII. Following Koji Kimura and Tamio Takahashi, the story reveals their sacrifices in the Pacific Theater, where they helped save countless lives and shorten the war by two years. Amidst war and family incarceration, their journeys and love stories unfold. Lunch included.

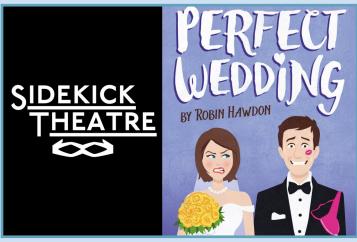
Day(s)	Date(s)	Time	Fee	Deadline
Thu	Apr 17	9:15 AM - 3:00 PM	\$98	Mar 20



37 Postcards at DayTrippers

In this charming 1930s screwball comedy, Avery Sutton and his fiancée return from Europe after eight years to find his eccentric family in chaos. The house is crooked, the dog's wild, and his grandmother—thought to be dead—is very much alive! As they navigate the Suttons' quirks, Avery and his bride must decide whether to embrace the madness or walk away. In the end, they discover that while you can go home again, you never know what you'll find! Lunch included.

Day(s)	Date(s)	Time	Fee	Deadline
Wed	Apr 23	11:30 AM - 5:00 PM	\$92	Mar 23



Perfect Wedding at the Sidekick

A riotous comedy and touching Love Story. A groom wakes up on the morning of his wedding day with a hangover and a strange woman in his bed. Mix in the bride, her mother, the best man, and a maid that knows too much, and you have a recipe for disaster. Wedding bells or running for the hills? Their big day will be far from a piece of cake! Lunch Included.

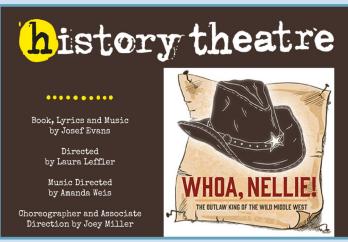
Day(s)	Date(s)	Time	Fee	Deadline
Thu	May 1	10:30 AM - 5:00 PM	\$95	Apr 1



Lake Mille Lacs Fishing Trip

Kick off summer with an unforgettable fishing adventure! Join us for a 4-hour charter on Lake Mille Lacs from Twin Pines Resort, where we'll fish for walleye, perch, and crappies. Afterward, enjoy a delicious lakeside lunch at the resort. Known for exceptional fishing, Lake Mille Lacs is perfect for an early spring outing. Don't forget to purchase your fishing license and register for the ideal start to the season! Lunch choice made at registration.

Day(s)	Date(s)	Time	Fee	Deadline
Thu	May 22	7:00 AM - 5:30 PM	\$120	Apr 22



Whoa, Nellie! The Outlaw King of the Wild Middle

Whoa, Nellie! tells the whirlwind story of a fake detective and former child performer who became a media sensation in late 1800s Minnesota. This fast-paced, funny, and moving musical follows the enigmatic "Nellie King," whose reckless disregard for the law leads to disastrous consequences and emotional reckoning. Her story highlights enduring issues of gender, addiction, mental health, and celebrity. Lunch Included.

Day(s)	Date(s)	Time	Fee	Deadline
Thu	May 29	9:15 AM - 3:00 PM	\$98	May 1



Grease

Grease is back at Chanhassen Dinner Theatres! Experience the nostalgia of the '50s with greased-back hair, leather jackets, and the iconic Rydell High backdrop. Enjoy the drama, comedy, and classic songs like "Summer Nights," "We Go Together," and "Greased Lightnin'." Join the fun and groove along to this beloved production! Lunch included.

Day(s)	s) Date(s) Time		Fee	Deadline
Wed	Jul 16	10:30 AM - 5:00 PM	\$107	Jun 19



Twins Baseball with Mounds View

Experience the excitement of America's favorite pastime on June 12 at Target Field as the Minnesota Twins take on the Texas Rangers! Enjoy breathtaking views, savor delicious ballpark treats, and cheer for the home team alongside fellow fans. This summer classic is brought to you in partnership with Mounds View Community Center. *Call 763-717-4040 to register and secure your spot! Lunch is on your own.

Day(s)	Date(s)	Time	Fee	Deadline
Thu	Jun 12	10:15 AM - 5:00 PM	\$80	May 12

Garden Art - Wine Bottle Wind Chime

Join Mara's class for a fun and creative activity with friends! Customize an upcycled glass bottle with beads and guidance from an experienced instructor. Leave with a unique piece of garden art. Bring needle nose pliers - all other supplies provided.



Location: Able Park Building

Day(s)	Date(s)	Time	Fee	Deadline
Tue	Feb 11	6:00-8:00 PM	\$37	Feb 4

Mosaic Bird Bath

Peggy will help you create a personalized Mosaic Bird Bath. This class will include all the items you need and step by step instructions. Please bring rubber gloves, and old towel for grouting and wear clothing that can get messy. \$25.00 supply fee paid to instructor at class.



Location: Able Park Building

Day(s)	Date(s)	Time	Fee	Deadline
Thu	May 15	6:00-9:00 PM	\$20	May 10

Learn about Medical Cannabis

This **FREE** class covers CBD and medical cannabis, Including how they work, their potential benefits, and how to use products like oils and pills safely. You'll also learn about side effects and possible interactions with other medications. Alicia, a nurse with 23 years of experience, is currently pursuing a master's in Medical Cannabis Science and Therapeutics.

Location : SLP City Hall

Day(s)	Date(s)	Time	Fee	Deadline
Thu	Mar 6	10:00 AM-Noon	\$0	Feb 27

YOU ARE

CORDIALLY

55+ Driver Discount Program

Taking a mature driver course can enhance your driving skills and knowledge, ensuring safer driving as you age. The course covers traffic laws, defensive driving techniques, and tips for managing common



age-related changes in vision, hearing, and reaction time. Additionally, completing the course may qualify you for up to a 10% discounts on your car insurance premiums. *All Classes are held at SLP City Hall unless noted*.

Location: Spring Lake Park City Hall (unless noted)
**Wed, Feb 5th. Will be held at Able Park Building

Day(s)	Date(s)	Time	Fee	Deadline
**Wed	Feb 5	12:30-4:30 PM	\$29	Jan 29
Wed	Apr 2	12:30-4:30 PM	\$29	Mar 26
Thu	Jun 26	12:30-4:30 PM	\$29	Jun 19
Tue	Aug 19	12:30-4:30 PM	\$29	Aug 12
Wed	Oct 29	5:00-9:00 PM	\$29	Oct 22

Senior Yoga

Discover the wisdom of this ancient exercise that not only strengthens the body but also calms and focuses the mind. Our classes are specially designed for seniors and include gentle stretching, mindful



breathing techniques, and guided relaxation and meditation.

Location: Spring Lake Park City Hall

Day(s)	Date(s)	Time	Fee	Deadline
Thu	Feb 13 - Apr 3	10:00-10:45 AM	\$48	Feb 6
	Apr 10 -May 29			Apr 3

KAY'S RETIREMENT

WEDNESDAY, FEBRUARY 12, 2025 8200 ABLE AVE NE 2:00 - 4:00 PM

PARTY

RSVP TO 763-792-7201

Scams and Frauds

Join us for a **FREE** session with the Spring Lake Park Police Dept on Scams and Frauds. Learn valuable tips and tricks to identify

scams and frauds, both online and over the phone. Discover key red flag warnings that could save you thousands of dollars and help protect you from future risks.



Location: Spring Lake Park City Hall

Day(s)	Date(s)	Time	Fee	Deadline
Wed	Mar 26	11:00 AM-Noon	\$0	Mar 25

FREE Seminars & Workshops

Medicare Seminar

Location: Able Park (8200 Able St)

This course will go over parts A, B, C, D and supplements of Medicare. We'll touch on a brief history of Medicare. Most of the time will be spent on Medicare Advantage Plans. We will NOT discuss carrier-specific plans.



Day(s)	Date(s)	Time	Fee	Deadline
Wed	Jan 15	6:00-7:00 PM	\$0	Jan 10
	Apr 9			Apr 4

Will Taxes Affect Your Retirement?

Location: Spring Lake Park City Hall

It is critical to have a solid understanding of the tax status of investments to make informed decisions and avoid paying more than your fair share. Learn how future tax changes may create the potential for higher taxes, ways to create tax-free retirement income, how Social Security is taxed, and how to work efficiently within current tax brackets.

Day(s)	Date(s)	Time	Fee	Deadline
Thu	Jun 19	2:00-3:30 PM	\$0	Jun 12

Northtown Library Tour

Location: Northtown Library (Blaine)

Join us at Northtown Library for an exclusive behind-thescenes tour! Discover our special collections, explore eBooks, and learn about the technology assistance we offer—all free with a library card. Don't have one yet? We'll help you get started! (Meet at the library)

Day(s)	Date(s)	Time	Fee	Deadline
Wed	Feb 19	1:00-2:00 PM	\$0	Feb 15

Northtown Library Craft Class

Location: Northtown Library (Blaine)

Get ready to unleash your creativity with our Creative Hands crafting

program! Join fellow crafters as we dive into making a whimsical Star Book—a fun and artistic project filled with surprising



folds! No need to bring a thing; we'll provide all the instructions and materials. This class is a fresh twist on a CreativeBug favorite, so come ready to craft, connect, and create something truly unique! Feel Free to bring pictures you would like to add to the book. (Meet at the library)

Day(s)	Date(s)	Time	Fee	Deadline
Wed	Mar 26	1:00-2:00 PM	\$0	Mar 19

DIY Antiques Appraisal Workshop

Location: Able Park Building

Join Eric Houston from North Metro TV for a hands-on class on appraising and researching antiques and heirlooms. Learn to use online tools like Google and eBay to determine the value of your items. Bring one item from home to research with the class. Eric, an expert in both tech and antiques, will share his tips and insights!

Day(s)	Date(s)	Time	Fee	Deadline
Tue	Jan 14	1:00-3:00 PM	\$0	Jan 7

The Quiz Show Scandals & Other Game Shows of the 50s & 60s

Location: Spring Lake Park City Hall

In the 1950s, quiz shows like The \$64,000 Question and Twenty-One became a TV sensation—until the rigging scandal rocked the nation. In this one-hour class with North Metro TV's Eric Houston, explore the controversy that changed television, plus other iconic early game shows like What's My Line, To Tell the Truth, and Password.

Day(s)	Date(s)	Time	Fee	Deadline
Mon	Mar 17	10:00-11:00 AM	\$0	Mar 10

Come on Down: Game Shows of the 70s & 80s

Location: Spring Lake Park City Hall

Game shows made a big comeback in the 1970s! In this one-hour class with Eric Houston, explore how Let's Make a Deal revolutionized the genre, how The Price Is Right became the longest-running game show, and why Family Feud's Richard Dawson was so popular. Plus, get a behind-the-scenes look at Match Game, Jeopardy!, and Wheel of Fortune.

Day(s)	Date(s)	Time	Fee	Deadline
Mon	Apr 21	10:00-11:00 AM	\$0	Apr 14

Naturalist Melonie Shipman (Foxy Lady Talk - all about foxes)

Location: Spring Lake Park City Hall

Join us for a free talk with coffee and treats! Enjoy engaging conversations and learn about North America's fascinating foxes—from red to arctic. Naturalist Melonie Shipman will share stories, images, and activities that highlight these sly, captivating creatures.

Day(s)	Date(s)	Time	Fee	Deadline
Wed	May 7	1:00-2:30 PM	\$0	May 6



Spring Lake Park Recreation Department 1301 81st Avenue NE Spring Lake Park, MN 55432

PRESORTED STANDARD US POSTAGE PAID TWIN CITIES, MN PERMIT NO. 1611



<u>Bingo</u> - **Every 2nd and 4th Monday of the month** enjoy BINGO from **1:00 - 3:00pm**. There's no charge to have fun and maybe win a prize. No registration required. **Location**: Able Park Building

<u>Senior Card Club</u> - Join other seniors *every Thursday from 1:00 - 3:00pm* for 500. There is no charge to participate and no pre-registration is required. **Location**: Able Park Building

<u>Hand and Foot Card Club</u> - Hand and Foot is a fun, engaging card game perfect for seniors looking for a relaxed social activity. A variation of Canasta, it's usually played by four players in teams of two, but can be adapted for other numbers. *Join us Wednesdays at 1:00pm.* Location: Able Park Building

<u>Book Club</u> - Do you love to read, and want to share and discuss the book? Join us October to May on the *first Thursday of every month at 11:00am.* No charge to participate. Books chosen the month before, for the upcoming books visit our registration website, Slprec.org **Location**: Able Park Building

<u>Indoor Walking</u> - Sponsored by Spring Lake Park Community Education. Designated paths through SLP High School [indoors], Saturdays at 9:00am. After your 30-40 min walk, stick around to enjoy some refreshments. Preregister by calling: 763-600-5050. **Location:** Spring Lake Park Hall High School, Door #29.