



# Little Slugger T-ball

T-ball is for children age 4 - 5. This program is set up to teach T-ball and basic game skills. The important objectives of this program are to teach the youngster throwing, catching, hitting and Sportsmanship.

**EQUIPMENT:** Use your coach's key to unlock the building located between the two outfields. This building should be kept locked at all times and is only to be used to retrieve and store the Recreation Department equipment.

- Equipment is to be returned at the end of each night in the same spot inside the building.
- The Rec. Dept. provides: T-Stands, bags of balls, sets of throw down bases, and bats.
- This equipment is to be used equally by all teams during game nights.

\*Your Coach's Key must be returned to the Recreation Department at the end of the season.

If parents would like to bring additional bats for their children to use that is encouraged but they must be designated t-ball bats.

The program will be conducted in the following order, with the amount of time spent on each activity varying because of the children's interest and abilities:

- The first part of the night should be spent on skill development. During this time, much emphasis should be put on the basics of the game. (i.e. direction to run, when to run, where to run, where to throw the ball, how many outs a team receives, etc.)
- The remaining time should be spent on T-ball. This activity teaches children the basics of the game in which they will participate in the following years. This program should be one of FUN, not work for the kids.

If you reach a point where you would like to use one of the whole sessions as a "game night" that is encouraged. We just ask that coaches clearly communicate with one another in how they want to use that time.

**NOTE:** Keep in mind that this program is a flexible one, but you should always have your team organized.

## **Basic Rules of the Scrimmage time:**

- **No score needs to be kept.**
- **Each team should get an equal number of at bats 2 or 3 for each team, whatever you can fit in during the allotted time.**
- **Bat through the order.**
- **If a player is legally put out that player should return to the bench - we want to teach proper rules of play.**

You will notice that there will be a large number of parents coming to the program and it is important that you are available to entertain any questions they may have, or have them call the Spring Lake Park, Parks & Recreation Department at 763-792-7201.

**Thank you again for volunteering your time to make this a great program!**

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